

Central Alberta Victim & Witness Support Society in patnership with SD Solutions wants you to join us for a 2 day CISM training opportunity

Critical Incident Stress Management, or CISM, is an intervention protocol developed specifically for dealing with traumatic events. It is a formal, highly structured and professionally recognized process for helping those involved in a critical incident share their experiences, vent emotions, and learn about stress reactions and symptoms. It is not psychotherapy. It is an educative process, sometimes called 'psychological first aid'. First developed for use with military combat veterans and then civilian first responders (police, fire, ambulance, emergency workers and disaster rescuers), it has now been adapted and used virtually everywhere there is a need to address traumatic impact in peoples lives.

The Group Crisis Intervention Course is a 2-day program that is designed for those who have little or no previous CISM training, or are seeking a refresher. On completion of this training, students will be able to participate as a junior member of an experienced CISM team in delivering group interventions. The course will also cover skills to effectively intervene in a crisis for an individual. This versatile opportunity makes it ideal for anyone working on the frontlines dealing with all types of trauma.



September 30/October 1, 2023 8:00am-4:30pm

Eagle Builders Center- 5302 Broadway Ave, Blackfalds, Alberta Contact **admin@victimsupport.ca** or **403-318-2923** for registration inquiries

(RCMP or other firewall may prevent link from opening) Cost: \$350.00/person registration deadline August 15, 2023

Continental Breakfast, lunch, coffee and snacks provided

Please share- minium of 20 particpants required